



Australian BabyHands

www.australianbabyhands.com

Introducing Baby Sign Language Using AUSLAN; (Australian Sign Language)

Baby Sign Language is the practice of using simple sign language or gestures to assist parents, family and child care workers to communicate with pre-verbal infants, toddlers and children with special needs from ages 6 months+.

Research over the last 20 years highlights many benefits for you and your baby including reduced frustration (especially during the Terrible Two's), advanced early literacy skills, higher I.Q., accelerated speech and improved memory.

Australian Baby Hands is recommended by numerous childcare associations, play-groups, speech therapists and families.

eat



With all fingers touching your thumb, move hand towards the mouth as though you are putting food in your mouth.

drink



With your hand in a "C" shape, move your hand from chest level to your mouth as if signifying taking a drink.

dad



With closed fist, extend index finger. Place right hand above left hand and tap the right index finger off the left index finger below.

mum



With flat open right hand, tap fingers on the side of your head.

milk



With your right hand in a claw-like position at chest level, squeeze the hand down into a closed fist to waist level. At the same time, with left hand start with a closed fist at waist level and do the opposite.

more



With your hand in a claw-like position touching your chest, move your hand outwards.



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Did you know that...

You can communicate with your baby before they can speak?

Using baby sign language with your baby has been found to result in less tears, less frustration and a calmer, happier baby?

Not only does baby sign language reduce frustration; it is great for language development, vocabulary building and brain development.

For more information on baby sign language products and classes visit www.australianbabyhands.com



Isabelle Signs "Mum"

"We began using baby sign 4 months ago and only in the last month our son Ethan who is now 9 months old started signing. I was so excited when he started to sign "hello", "bye" and "milk" back at me and he then claps his hands afterwards as if proud of himself. I am now teaching him to sign "eat" which I'm sure he will learn in no time. I'm so proud of our little boy.

Here's a picture of my son signing "milk".

It just goes to show that if you never give up, bub will do it if your persistent and make a fun thing out of signing. Thank you Baby Hands."

Mary Ann Plata
North Lakes, Qld.



Ethan Signs "Milk"

"Isabelle has been signing for a couple of months now and I finally managed to capture her signing "Mum" as I walked down the corridor at our house calling out to her.

I am a speech pathologist (although I haven't returned to work yet) so I know the benefits of signing and had always planned to do so with my own children. My husband was a little sceptical (to say the least!) and did not sign in the early days however he is now the first to espouse the benefits of signing and I think I may have even caught him telling a friend that it was a great idea that he had to sign with Isabelle!!

At almost 11 months Isabelle now signs milk, food, Mum, dog, finished, and more and can't seem to get enough of new signs!"

Tiffany
Western Australia

"Hi Jackie, I thought I would share this photo of my gorgeous 9 1/2 month old son, Lucas, signing "Eat".

It is so exciting for all of us. To be honest, I think Lucas is the most excited - the look of sheer pleasure on his face when he signed "eat" and I understood what he wanted was priceless. We had been signing to Lucas on and off since he was about 5 months old, but we had been a bit haphazard in our approach. After reading your book, we implemented 5 signs and tried to be as consistent as possible with them.

Thanks Jackie, for helping us to communicate with our little man. His response has renewed our enthusiasm and now we can't wait for the other signs to start emerging."

Elizabeth, Anthony and Lucas Anderson
Melbourne, Vic



Lucas Signs "Eat"